

**STILLWATER LIFESAVING TEAMS FIRST & SECOND IN COMMONWEALTH
GAMES – BATH ENGLAND**

They looked a promising line-up and they proved to be worth their mettle literally, as they have brought home Gold, Silver and Bronze after their participation in the prestigious Commonwealth Stillwater Lifesaving Championships. The National Lifesaving Team together with the SA Development Team that represented South Africa has made our country proud by being placed second and first consecutively in this world renowned tournament, the Commonwealth Stillwater Lifesaving Championships that was held in Bath, England from the 27th to the 29th of September last month.

The SA Development Team who competed for the first time in this competition was placed First Overall in their division with a total points of 497, beating Canada who had an overall points of 455. The SA National Stillwater Team came close second to Australia with 439 points. Australia's overall points were 458. Lifesaving SA's competitors both on the National and Development side performed exceptionally well in the team and individual events once more showing the world the prowess of South African lifesaving athletes.

The Team members that participated for the National and Development side were:

SA National Stillwater Team:

Women: Jade Antunes (Western Province) (Captain), Eloise van Gysen, Kin van Deventer, Zenobia Mans (Easterns); Sarah Baillie (KZN)

Men: Craig Dingle (Captain, Easterns), Barjo van Niekerk (Gauteng North), Paul Dias (KZN), Robin Saggars (Gauteng), Stewart Hall (Gauteng)

SA Development Team:

Girls: Jane Broderick (Captain), Samantha Plumb, Yolize du Plessis (Easterns), Nastassja Alexander (WP), Carla van Wyk (Easterns)

Boys: Mark Dingle (Captain), Brian Keevy (Easterns), Werner Bosman, Armand Marais (Gauteng North), Thomas Khumalo (Gauteng)

The National Team's results for Individual and Team events were as follows:

- Barend van Niekerk came second in the Men's 100m Manikin Tow with Fins and Robin Saggars was placed third.
- Paul Dias, came second in the male division for Super Lifesaver
- Barend van Niekerk won Gold in the men's 50m Manikin Carry closely followed by Paul Dias with a silver
- Jade Antunes, Ladies' Captain, won Bronze in the Women's 50m Manikin Carry
- Craig Dingle, Captain, scooped a Bronze in the men's 100m Manikin Carry with Fins for the national side

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- In the females' 100m Manikin Carry with Fins Eloise Van Gysen won Gold whilst Jade Antunes managed a Bronze
- In the men's 12m line throw Stewart Hall won silver whilst Zenobia Mans won Gold in the female's 12m line throw
- The Men's Team brought home Gold in the Manikin Relay followed closely by Australia in second position.

The Development Team's results for Individual and Team events were as follows:

- In the 200m Men's Obstacle Swim, Development side, Werner Bosman was placed first and Armand Marais was placed second.
- Werner Bosman came first in the men's 100m Manikin Tow with Fins
- In the Girl's division Samantha Plumb came first in the female's 100m Manikin Tow with Fins
- Brain Keevey won the male division of Super Lifesaver on the Development side with Mark Dingle coming out third for the same event
- Samantha Plumb won Female Super Lifesaver on the Development side whilst followed by Team mate Jayne Broderick who came a close second
- Armand Marais won Gold for his team in the men's 50m manikin Carry
- Carla Rossouw won Gold, and Jayne Broderick Silver in the Females 50m Manikin Carry for the Development side
- In the males' 100m Manikin Carry with Fins Armand Marais won another Gold whilst Mark Dingle, Captain, received silver
- Samantha Plumb received Gold and Yolize Du Plessis Silver in the females' 100m Manikin Carry with Fins
- In the female's 12m line throw Yolize Du Plessis was placed second
- The Men's Team on the Development side also scooped a Gold in the Manikin Relay

The **National Overall Results** for the Top four pole positions for the countries that participated were as follows: **1st – Australia with 458; 2nd – South Africa with 439; 3rd – Canada with 415; 4th – England with 320**

The **Development Overall Results** for the Top four pole positions for the countries that participated were as follows: **1st – South Africa with 497; 2nd – Canada with 455; 3rd – Australia with 435; 4th – England with 399**

The Teams were managed by Kaltoema Damon and Andrew Crook and were coached by National Coach Valencia Walker.

ENDS:

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